

The Dinglewell Post

sharing our news with our community



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Dear Families,

17th April 2026

Attendance for this week: 94.92%

This week

Hello Dinglewell! Welcome back - we hope your Easter was bursting with chocolate eggs, cheeky treats, and maybe even a visit from a very busy bunny. The school is buzzing again, clubs are up and running, and the children have hopped straight back into the first week with big smiles and plenty of excitement.

We have been really excited to receive our list of Year 2 children who will be joining us in September. We look forward to seeing them all over the coming term with our transitional activities.

Below are days when your child's class will have PE/Games/Swimming in the Summer Term.

Year 3

Indoor PE – all classes Fridays
Swimming – all classes Tuesdays

Year 4

Indoor PE – all classes Mondays
Games – 4SL Wednesdays, 4F and 4Su Thursdays

Year 5

Indoor PE – all classes Wednesdays
Games – 5Ri Mondays, 5H and 5Ra Thursdays

Year 6

Indoor PE – all classes Tuesdays
Games – all classes Mondays

After school clubs

We still have space in our Wonderball and Cheerleading clubs, and they're bursting with energy, laughter, and all-round good vibes! Whether you want to dive into the fast, bouncy chaos of Wonderball or jump into the sparkle, teamwork, and high-energy fun of Cheerleading, there's a spot waiting for you. If you're up for trying something new, making friends, and having a brilliant time, just click the link below and get yourself signed up.

Wonderball <https://with-the-ball-sports-coaching.classforkids.io/info/381>

Cheerleading & Performance club <https://with-the-ball-sports-coaching.classforkids.io/info/378>

WITH THE BALL SPORTS COACHING
Dinglewell Junior School
Cheerleading & Performance Club – Summer Showcase!

Dear parents -
With The Ball Sports Coaching are helping to extend and enrich PE at Dinglewell Junior School. We are pleased to be offering our exciting **Cheerleading & Performance Club** on **Tuesdays** across **Years 3 and 4**.

Each week, children will take part in high-energy sessions exploring the world of cheerleading and performance. They'll develop skills in **games, lifts, jumps, poses, lines and drills**, gradually building their choreographed routines while developing confidence, creativity and teamwork.

All children involved will be invited to take part in our **Summer Showcase** with **rehearsal on Monday 10th May** followed by the **live performance on Monday 15th May at Chesham School Assembly**, where they will showcase everything they have learned.

Please note that there will be **additional charges for the expenses** in both cover, venue and performance costs. Attendance is optional, though we would love every child to take part in this important event.

You can find all club information and sign up by accessing the QR code below or using the following link: <https://with-the-ball-sports-coaching.classforkids.io/info/378>

Spaces are limited and fill on a **first-come, first-served basis**.

If you have any questions after following the link above, please feel free to get in touch using the details below.

At With The Ball, we love **life-changing sports experiences for every child**, regardless of age, ability or experience. Our sessions are safe, inclusive and built around **structure, progress and purpose**, helping children grow in confidence through sport.

You can find more details on what we services we offer at www.withtheball.co.uk.

We look forward to seeing your child at the club!

With The Ball
We have been helping build confidence and teamwork for over 10 years.

Sign up now for more information on the page!

WITH THE BALL SPORTS COACHING
Dinglewell Junior School
WonderBall Club – WonderBall Festival!

Dear parents,
With The Ball Sports Coaching are excited to be announcing W at Dinglewell Junior's this year - and for term 3 we're delivering our original **Summer Showcase** after school club sport - **WonderBall**!

The club of our our Wednesday and open to all children across the school. WonderBall is a fun, fast-paced team game that's full of energy, where children can use the ball, all skills the basketball and more the ball the basket. We'll be using the ball to create - and we'll be using it to create - the game around game thinking, teamwork and creativity.

Throughout the term, children will develop a wider range of physical, social and thinking skills including ball control, game play and strategy, team work, creative thinking, teamwork and decision-making. Having fun and developing their thinking games and strategies that help them in exciting ways to reach their goals, building confidence and game understanding.

All club participants will be invited to represent their school at our **WonderBall Festival**, taking place at **Chesham School Assembly on Monday 10th May**. Children from across Gloucestershire will come together for a day of teamwork, energy and friendly competition - a fantastic experience and a fantastic way to showcase everything they've learned. Please note: **Rehearsal on Monday 10th May**.

<https://with-the-ball-sports-coaching.classforkids.io/info/381>

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At With The Ball, we believe in **life-changing sports experiences for every child**. Our sessions are safe, inclusive and built around **structure, progress and purpose**, helping children grow in confidence, resilience and physical literacy. We look forward to seeing your child at WonderBall!

We can't wait to welcome your child to WonderBall!

With The Ball
We have been helping build confidence and teamwork for over 10 years.

Sign up now for more information on the page!

Menu change

The vegan meatballs and spaghetti we had planned for Monday 20th April won't be available because of a supplier issue, so we will be serving tomato pasta instead. We hope it still hits the spot!

Year 6



10 children from Year 6 attended the Festival of Sport at Gloucester Academy. While it was non-competitive, the children performed well and behaved exceptionally and were a real credit to Dinglewell.

Year 3 Rockstar winners:

Miss Brooke's set: 1st Lewis, 2nd Arthur, 3rd Oliver

Mrs Cave's set: 1st Holly, 2nd Kendra, 3rd Millie

Mrs Hazell's set: 1st Orla, 2nd April, 3rd Daniella

ParentPay

Calling all ParentPay Heroes! A few sneaky payments are due - After School Club, Year 3 and Year 4 swimming (previous term), the mighty Chedworth expedition, and dinner money. Please swoop into ParentPay and settle anything that maybe due.

Watch this space for Year 6 hoodies – the payment will be launched on ParentPay next week.

Save the date

Get excited — Sports Day is on the way! Mark your calendars for Wednesday 24th June, with a backup day on Wednesday 1st July (because even the weather can't stop us forever). Pop both dates in your diary and get ready for sunshine, cheering, and maybe a little friendly competition. We'll share exact timings as we get closer.

Outside of school achievements

On Sunday 12th April several Year 4 pupils took part in the Gloucester RFU U9 County Festival at Dursley Rugby Club.

With the local rivals Hucclecote RFC playing Brockworth RFC, both teams played amazingly and showed great sportsmanship cheering each other on when playing the other teams. Dinglewell players included;

Zayn AJ/Finley B/Ethan B/Luca DN/Beauden Y/Macsen C/Sam D/Henry V/Ernie L/Tallulah C/Hugh B



We need your plastic lids

Before you toss those plastic lids into the recycling bin, hold up - we want them! Send them in with your children and help us turn tiny plastic circles into big rewards. The more lids we collect, the more vouchers we can earn, and every kilogram really does make a difference. So, rally the kids, rope in the neighbours, raid the kitchen drawers, and pretty please send all your plastic lids our way so we can turn rubbish into something remarkable.

Events happening/support groups

Ever wanted to try an instrument but not sure which one for you? Then come along to our **TRY AN INSTRUMENT DAY!** We will have a wide range of instruments for you to try along with an expert team of tutors to guide you.

Saturday 25 April, 10am - 12pm,
Rectory School, Stroud

Let us know you're coming at gloucestershiremusic@gloucestershire.gov.uk or call 01292 222222. We'll get you booked in!

OSW Music Hub Gloucestershire

Hucclecote District Try it Out Sessions Free

Hucclecote Guiding is excited to offer a series of free, fun taster sessions for anyone curious about joining Rainbows, Brownies, or Guides. It's the perfect chance to try out the creativity, adventure, and friendship that Guiding is all about.

Rainbows will welcome children aged 4+ as usual, and for this special series only, Brownies will be open to ages 6+ and Guides to ages 9+, giving younger children the chance to try the next section before they reach the usual joining age.

Rainbows Mon 20 April 5-6:15pm
Rainbows Wed 22 April 4-5:15pm
Brownies Tues 21 April 5.45-7:15pm
Brownies Wed 22 April 5.45-7:15pm
Brownies Thur 23 April 6-7:30pm
Guides Mon 20 April 7-8:30pm
Guides Tues 21 April 7:30-9pm
Guides Wed 29 April 7:30-9pm

Come in comfy clothes and trainers and be ready for lots of fun!

Sign Up Online using QR code or link
<https://form.jotform.com/260934840648365>

Next Steps In Mind Group

A Drop-In Support Group for Parents & Carers

- Connect with other parents
- Share experiences in a relaxed space
- Feel heard and supported
- Get guidance & signposting

All parents & carers with children under 5 welcome!

Where: Noahs Ark Children's Centre, Tewkesbury
 Every Wednesday from 4th March - Term Time Only
 Time: 12:30 - 2:00pm

No booking needed - just drop in!
 Any parent or carer with a child under 5 years
 Additional drop-ins after 12:30 on Wed

For any enquiries please email: emma@hometostart.org.uk

Next Steps In Mind Cheltenham Group

A drop-in support group for parents & carers

- Connect with other parents
- Share experiences in a relaxed space
- Get guidance & signposting
- Feel heard and supported
- Guidance and signposting

All parents & carers with children under 5 welcome!

Where: Heaton's Way Children's Centre, Cheltenham, GL51 1RS
 When Starting: Thursday 16th April
 Every Thursday (term time only)
 Time: 10:00am - 12:00pm

No booking needed - just drop in!

WELCOME UNDER 5'S STAY AND PLAY

for children with additional needs

- Meet other Parent Carers in a friendly, understanding space.
- Inclusive play for under-5s with sensory-aware activities.
- Find local support and info while your little one has fun

EVERY 4TH FRIDAY OF THE MONTH 10AM-11:30AM

NOAHS ARK CHILDREN AND FAMILY CENTRE, YORK ROAD, TEWKESBURY, GL20 5HU

Thriving Together

Learn how to make life easier, batch cook, save money and feel good

Monday's 9.00 - 10.30am

Budgeting Basics
 1:30 What support is out there
 2:00 Budgeting Basics
 1:30 Batch Cooking

Family Fun and Managing Debt
 2:15 Money Saving
 2:30 Making meals go further
 2:45 Batch Cooking

Let's Get Ready for Christmas
 2:15 Christmas Budgeting
 2:30 Ready Steady Cook
 2:45 Wellbeing

New Year, New Habits
 1:30 When Support is out there
 2:00 Budgeting Basics
 2:15 Family Cooking

*Holiday sessions for the whole family

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Coffee & Chat

Pop into one of our drop in sessions for a coffee and a chat. A chance to find out more about what is on offer at the Children and Family Centres, meet the team and ask any questions you might have about family life. Look out for times when other agencies may also be popping in!

Cheltenham Locality	Tewkesbury Locality
2nd Wednesday of month 08:45 - 10:30 Gardens Lane Children's Family Centre Cheltenham GL51 5WJ 01292 222222	1st Wednesday of month 13:30 - 15:00 Noahs Ark Children & Family Centre York Road Tewkesbury GL20 5HU 01292 222222
3rd Friday of month 13:30 - 15:00 Heaton's Way Children & Family Centre Cheltenham GL51 1RS 01292 222222	3rd Tuesday of month 08:45 - 10:30 Brookworth Children & Family Centre Brookworth Road Brookworth GL51 6LJ 01292 222222
4th Wednesday of month 13:30 - 15:00 Oakwood Children & Family Centre Oaks Crescent Cheltenham GL51 2DP 01292 222222	

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Little Wonders

Little Wonders is a small, welcoming parent-led stay & play session for babies and toddlers.

The group has been created with families of children with disabilities, medical needs or developmental differences, and for those who may have had a difficult start in life in mind. No diagnosis is needed. Stibbings welcome.

Starts Thursday 7th May 2026
 Thursday 13:00 - 14:30
 Term Time Only

Brookworth Children & Family Centre, Brookworth Road, Brookworth, GL5 1LJ.

Supporting your child with MANAGING EMOTIONS WORKSHOP

Cultural Children & Family Centre
 Cyle Crescent
 Cheltenham
 GL52 5DH

Brookworth Children & Family Centre
 Heaton's Way
 Cheltenham
 GL5 1RS

Wednesday 13th May 2026
 09:30 - 11:30

Wednesday 24th Jun 2026
 12:30 - 14:30

Children often express their emotions in different ways. Would you like to gain some tips and advice on how you can support your children with their emotions?

Join us at this workshop to get some tips and strategies to support your children with regulating their emotions.

Aimed at parents with children under 11yrs.

Booking Required via QR Code

OSCAR'S Family Story Time Sessions

Please join us for some exciting Storytime Sessions! There is a themed and interactive story along with crafts for children to enjoy!

EVERY CHILD PREPARED TO BE THE DAY!

WEDS 15th APRIL 1:30 - 2:30PM @ BROOKLORCH CHILDREN & FAMILY CENTRE UNDER 5S

FRI 29th MAY 10 - 11AM @ HEATON'S WAY CHILDREN & FAMILY CENTRE 8-11 YEARS

MON 1st JUNE 10 - 11AM @ OAKWOOD CHILDREN & FAMILY CENTRE UNDER 5S

BOOK HERE: www.oscarsreadingcorner.com

CONTACT: OSCARSDREADINGCORNER@GMAIL.COM

Bikeability – A message from Gloucestershire County Council

We wanted to let you know about the upcoming Bikeability Holiday Course taking place during the May half term. This is a great opportunity for pupils who may have missed Bikeability training in school to still take part and learn an important life skill through cycling.


Cycling helps children build confidence, independence, and physical activity into their daily lives. It also plays an important role in road safety, helping pupils develop the skills and awareness they need to ride safely, understand the road environment, and make safer journeys.

Further information and booking details can be found here:

<https://www.thinktravel.info/upcoming-events/bikeability-holiday-courses>

We also wanted to highlight that we will be running two further holiday course sessions, during the summer holidays and October half term, so there will be more opportunities for pupils to take part later in the year as well. Thank you for your support in helping more children access this valuable training.

Caterlink update



Spring Summer Newsletter Primary Schools

Welcome back to the Summer term!

We wanted to take an opportunity to give some insight into our food, and the projects we deliver to ensure your children get nutritious food to give them the energy to learn, explore and play at school.

We believe that it is not only our responsibility to provide menus that meet the School Food Standards, but also to focus on wider public health projects that link in with national and local initiatives.

Here are some of the projects we worked on over the past year...

Food For Life


Everyone eating a Caterlink primary school lunch can be sure that they are eating from a menu that meets the Food For Life Served Here Silver standard, at a minimum.

2009

Caterlink were the first contract caterer to achieve the award and have achieved the award every year since!

2025

We then became the first contract caterer to achieve full certification for all our primary schools across the UK!



What does it mean?

COOKED FROM SCRATCH

All food is cooked and prepared on site.

LOCAL FOOD

All items are sourced from local suppliers.

SEASONAL PRODUCE

Menu items are seasonal.

MORE OF THE GOOD STUFF

Includes additional vitamins and minerals.

Nutritious Menus

Fibre

In the most recent menu, children were offered 100% of their school lunch fibre goal! How did we manage this?

Using oats in our desserts, such as crumble toppings, flapjacks and oat cookies

Using 50/50 brown and white rice to serve with dishes like curry and chillies

Using 50/50 wholemeal flour for our pizza base

Adding beans and pulses to meat dishes (our Added Plant Protein range)

Our 'Fibre Heroes'!

Chickpeas & Coconut Pasta

1.2g fibre

Peas & Vegetable Pasta

1.4g fibre

Fruits and Vegetables

Scientists have proven that people who eat a more diverse diet (**30+ different plants each week**) have improved digestion and improved overall health.

Children who choose a Caterlink school meal daily have **over 25 different plants per week** just in their school meals!

26

Autumn Winter 25

28

Spring Summer 25

Number of Plant Points (Beans, Oats and Desserts)

Each Caterlink school meal offers an average of 3.5 portions of fruit and veg - over half of your five a day!

Sustainable Food

ProVeg School Plates Sustainability Award

Caterlink wins 1st in the ProVeg School Plates Sustainability Award.

What is the School Plates Project?

This programme aims to make school food healthier and more sustainable by increasing and promoting plant-based content on school menus.

What did we do?

- Repositioned the menus to list the vegetarian options at the top
- Used descriptive and positive language for plant-based dishes
- Blended plant proteins into dishes to help boost fibre (e.g. beans & lentils)
- Introduced more vegan dishes (30% of the vegetarian dishes are now vegan)
- Continuing our 'Added Plant Protein' project

Carbon Footprint

Since 2016, we have undertaken numerous initiatives to lower the carbon footprint we generate from our menus, such as:

- Consistently implementing Meat Free Mondays
- Introducing more vegan dishes (30% of the vegetarian dishes are now vegan)
- Continuing our 'Added Plant Protein' project

Last year alone, we reduced carbon emissions by almost **7 million kilograms**.

The amount of carbon saved over the past year, just from the menu initiatives is equivalent to...
Driving 1,568 cars for a year OR 111,777 trees planted and grown for 10 years

Sugar Reduction

Since September 2016 we have ensured that our lunches not only meet the government recommendations for free sugars, but are actually much lower!

Last term five out of the fifteen desserts offered contained NO sugar!

In the last school year school lunches contained just 3.8g of free sugar on average!

Pre-2016 Caterlink average

13.6

Suggested maximum per school meal

6.5

2024-2025 average

3.8

42% lower than guidelines!

Celebration Assembly

Here are this week's Merit Certificate winners – well done everyone!



Forthcoming Diary Dates

Selected clubs start Y6 1:1 Tuition

Monday 20th April – Dynamos Cricket
Tuesday 21st April – With the Ball - Cheerleading
Wednesday 22nd April – With the Ball - Wonderball
Thursday 23rd April –
Friday 24th April –

Y6 1:1 Tuition

Monday 27th April – Dynamos Cricket
Tuesday 28th April – With the Ball - Cheerleading
Wednesday 29th April – With the Ball - Wonderball
Thursday 30th April – Montagu Year 5/6
Friday 1st April –

**PLEASE REMEMBER NOT TO PROVIDE NUTS OR ANY NUT DERIVATIVE FOOD
IN SCHOOL DUE TO SEVERE ALLERGIES WITHIN OUR SCHOOL COMMUNITY**



Correspondence sent out this week:
E&OE